



INTERNATIONAL PROGRAM

SPORTS, MEDICINE AND HEALTH SUMMIT



 #SMHS23



THURSDAY

22. JUNE

08:00
SESSION

Bone health in athletes

Chairs: Dr. Tim Hoenig, Prof. Dr. Karsten Hollander
Speakers: Prof. Adam S. Tenforde, Dr. Tim Hoenig, Dr. Julian Delsmann

08:00
ORAL
PRESENTATION

COVID-19

Chair: Prof. Dr. Andreas Nieß

11:30
SESSION

Concussion in sports

Chairs: Dr. Nina Feddermann, Prof. Dr. Inga Koerte

11:30
POSTER
PRESENTATIONS

Various aspects of exercise

Chairs: Prof. Dr. Patrick Wahl, Dr. Tilman Engel

13:45
SESSION

SMHS meets ECSS: Exercise and mental training as medicine for the brain

Chairs: Prof. Dr. Alexander Ferrauti, PD Dr. Max Töpper
Speakers: Prof. Dr. Marco Taubert, Prof. Dr. Wolfgang Taube, Prof. Dr. Nicole Wenderoth

15:45
SESSION

Exploring the wearable tech frontier: expanding horizons, data quality and effective representation

Chairs: PD Dr. Moritz Schumann, Prof. Dr. Yannis Pitsiladis
Speakers: Dr. Cailbhe Doherty, Dr. Jan Christian Brønd, Prof. Dr. Brian Caulfield

15:45
SESSION

SMHS meets TAFISA: Activating cities for a better world

Chair: Gaëtan Garcia
Speakers: Wolfgang Baumann, Alister Dalrymple, Dr. Jonas Leder, Bengt Fjeldbraaten, Dr. Ines Pamperl



FRIDAY

23. JUNE

Hamburg Declaration & Opening Session Global Alliance Day

08:00
HIGHLIGHT

Chairs: Prof. Dr. Fabio Pigozzi, Prof. Dr. Jürgen Steinacker
Speakers: Prof. Dr. Fiona Bull, Prof. Dr. Yannis Pitsiladis, Joël Bouzou, Mike Miller

Physical, psychological and neural aspects of exercise

08:00
ORAL
PRESENTATION

Chair: Prof. Dr. Alexander Ferrauti, Prof. Dr. Marco Taubert

Running medicine

08:00
SESSION

Chairs: Prof. Dr. Karsten Hollander, Prof. Adam S. Tenforde
Speakers: Prof. Adam S. Tenforde, Prof. Dr. Anja Hirschmüller, Prof. Dr. Pascal Edouard

Walking for Health: man's best medicine?

10:00
KEYNOTE

Prof. Dr. Marie Murphy

Hamburg Declaration

11:15
PANEL
DISCUSSION

Prof. Dr. Jürgen Steinacker, Prof. Dr. Fabio Pigozzi, Dr. Fiona Bull, Prof. Dr. Yannis Pitsiladis, Andy Grote

Best Practice Examples from Germany

Prof. Bernd Wolfarth, Prof. Christine Joisten, Kerstin Holze, Dr. Mischa Kläber, Andy Grote, Dr. Nils Schumacher

Female aspects in exercise and training

11:15
ORAL
PRESENTATION

Chairs: Prof. Dr. Petra Platen, Dr. Christine Kopp

Performance and health in athletes

11:15
POSTER
PRESENTATIONS

Chairs: Prof. Dr. Anne Hecksteden, Dr. Florian Egger

Seismofit: The revolution in cardiorespiratory health and fitness assessment

12:45
INDUSTRY
SYMPOSIUM

Speakers: Dr. Samuel Emil Schmidt, Prof. Dr. Peter Søgaard



FRIDAY
23. JUNE

12:45
POSTER
PRESENTATIONS

Physical activity related health

Chair: Prof. Dr. Willem van Mechelen, Dr. Eszter Füzéki

12:45
POSTER
PRESENTATIONS

Training, performance and injuries in sports

Chairs: Dr. Leonard Achenbach, Prof. Dr. Anne Hecksteden

12:45
POSTER
PRESENTATIONS

Varia Late Breaking Abstracts

13:45
HIGHLIGHT

Hamburg Declaration

Chairs: Prof. Dr. Fabio Pigozzi, Prof. Dr. Rüdiger Reer
Speakers: Anastasia N. Fischer, Dr. Theodora Papadopoulou, Prof. Dr. Alexander Ferrauti, Prof. Martine Duclos, Dr. Stéphane Doutreleau, Prof. Dr. Wilhelm Bloch, Prof. Dr. Mats Börjesson

13:45
ORAL
PRESENTATION

Nutrition in sports and therapy

Chairs: Prof. Dr. Daniel König, Prof. Dr. Othmar Mose

13:45
SESSION

Frequent injuries and health monitoring in high-performance sports

Chairs: Prof. Dr. Anja Hirschmüller, Prof. Dr. Frank Mayer
Speakers: Prof. Dr. Jan Hartvigsen, Prof. Dr. Alexander Disch

15:45
ORAL
PRESENTATION

Varia Late Breaking Abstracts

Chair: Prof. Dr. Willem van Mechelen, Prof. Dr. Mats Börjesson



FRIDAY

23. JUNE

15:45
SESSION

Beyond the heart: performance relevant sequelae of SARS-CoV-2 infection

Chairs: Prof. Dr. Andreas Nieß, Prof. Dr. Martin Halle

Speakers: Dr. James Hull, Prof. Dr. Rob Wüst, Prof. Dr. Wilhelm Bloch

15:45
SESSION

Training load monitoring in elite sports: concepts, challenges and applications

Chairs: Prof. Dr. Alexander Ferrauti, Prof. Dr. Anne Hecksteden

Speakers: Dr. Christoph Schneider, Prof. Dr. Anne Hecksteden, Dr. Shaun McLaren

15:45
HIGHLIGHT

Hamburg Declaration

Chairs: Anastasia N. Fischer, Prof. Dr. Klaus-Michael Braumann

Speakers: Prof. Dr. Shulin Chheng, Dr. Hashel Al Tunaiji, Prof. Mikio Hiura, Prof. Svitlana Droszdovska, Prof. Olena Andrieiva, Prof. Marcela González-Gross, PD Dr. Daniel Neunhäuserer, Prof. Dr. Hans Zwerver

17:45
SESSION

Molecular adaptation of skeletal muscle under metabolic and mechanical stress

Chairs: Prof. Dr. Wilhelm Bloch, Prof. Dr. Sebastian Gehlert

Speakers: Prof. Dr. Dieter Fürst, Prof. Dr. Sebastian Gehlert, Prof. Dr. Henning Wackerhage

17:45
SESSION

News in sports cardiology

Chairs: Prof. Dr. Mats Börjesson, Prof. Dr. Tim Meyer

Speakers: Prof. Dr. Alessandro Zorzi, Prof. Dr. Tim Meyer, Prof. Dr. Mats Börjesson

17:45
SESSION

SMHS meets AMSSM

Chairs: Prof. Dr. Martin Halle, Prof. Gregory Landry

Speakers: Prof. Gregory Landry, Prof. Dr. Marc Hilgers, Dr. Giselle Aerni



SATURDAY

24. JUNE

08:00 ORAL PRESENTATION	<u>Molecular and cellular aspects of training and physical activity</u> Chair: Dr. Philipp Zimmer
08:00 ORAL PRESENTATION	<u>Physical activity in rehabilitation</u> Chair: Prof. Dr. Jürgen Steinacker
08:00 SESSION	<u>Exercise medicine in oncology</u> Chair: Prof. Dr. Rob Newton Speakers: Dr. John Campbell, Prof. Dr. Karen Steindorf, Joshila DeVile
08:00 SESSION	<u>Epigenetic and sport</u> Chairs: Prof. Dr. Wilhelm Bloch, Prof. Dr. Henner Hanssen Speakers: Prof. Dr. Wilhelm Bloch, Prof. Dr. Henner Hanssen, Florian Javelle
10:00 KEYNOTE	<u>A physically active lifestyle: self-regulation and self-responsibility or a Nanny State</u> Prof. Dr. Willem van Mechelen
11:15 SESSION	<u>The immunology of Post-Covid-Syndroms</u> Chairs: Prof. Dr. Jürgen Steinacker, Prof. Dr. Karsten Krüger Speakers: Dr. Yekbun Adiguzel, Prof. Dr. Yehuda Shoenfeld, Prof. Dr. Marion Schneider
11:15 SESSION	<u>Exercise is Medicine: Spotlight on multiple sclerosis</u> Chairs: Prof. Dr. Philipp Zimmer, Prof. Dr. Ulrik Dalgas Speakers: Prof. Dr. Jens Bansi, Prof. Dr. Christoph Heesen, Prof. Dr. Lars Hvid
13:45 SESSION	<u>Exercise immunology: from bench to bedside</u> Chairs: Prof. Dr. Philipp Zimmer, Prof. Dr. Karsten Krüger Speakers: Dr. David Bartlett, Prof. Dr. James E. Turner, Dr. John Campbell



Sports, Medicine
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Congress Center Hamburg (CCH)

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